



# MALWANCHAL UNIVERSITY INDEX NURSING COLLEGE



(Approved by Indian Nursing Council, New Delhi & Madhya Pradesh Nurses Registration Council, Bhopal, M.P)

In collaboration with

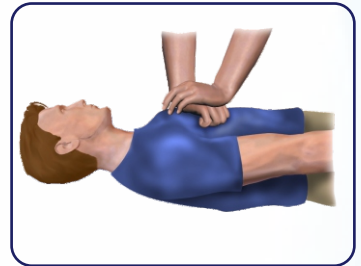
Institute of **Emergency**  
**Medical** Sciences Society

Workshop on

# Basic Life Support



Position Hands Over Sternum



Date: 11<sup>th</sup>-12<sup>th</sup>-13<sup>th</sup> April 2023  
Venue: Index Nursing College

Organizing Secretary

**Prof. Ankush Patrick**

Department of Medical Surgical Nursing  
Index Nursing College

Organizing Chairperson

**Dr. Prof. Smriti.G. Solomon**

Principal  
Index Nursing College

## ABOUT COLLEGE:

Index Nursing College, Indore (M.P) was established under the aegis of Mayank Welfare Society in September 2007 and the college has successfully completed 16 years of its existence with vision transformation of society by educating both girls and boys and the mission to be a leading edge nursing educational institution devoted to prepare post graduate, under graduate and diploma nurses to provide multidisciplinary and integrated health services to clients globally. Index Nursing College is a constituent unit of Malwanchal University, Indore (M.P.) since 2015.

## OVERVIEW OF TOPIC

Basic Life Support, or BLS, generally refers to the type of care that first-responders, healthcare providers and public safety professionals provide to anyone who is experiencing cardiac arrest, respiratory distress or an obstructed airway.

## OBJECTIVES

The workshop on basic life support course trains participants to:

- Promptly recognize several life-threatening emergencies.
- Understand The AHA Chain of Survival, specifically the BLS components.
- Perform different techniques to relieve foreign-body airway obstruction (choking) for adults and infants.
- Give high-quality chest compressions.
- Deliver appropriate ventilations and provide early use of an AED.